

adults 21 years & older

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Specials
Healthy Start 10:00-11:30 AM	Walk-N-Dine 9:30-12:30 PM	Diner's Club 9:30-12:30 PM	Nite on the Town 7:00-10:00 PM	Adapted Bowlers 12:00-2:00 PM		WSSRA Pool Party Tuesday, July 8 8:15-10:00 PM
Teen & Adult Aqua Athletics 8:15-9:00 PM		Wild Card Wednesdays 9:30-12:30 PM	City Tours 9:30-12:30 PM			Kids Night out with Fire Thurs, July 12, 7:30 PM
						Wacky Quacky Duck Splash Saturday, July 19 2:00-6:00 PM

367 WALK-N-DINE - HI, VI, PI, MLH

Join the WSSRA Walking Club and get walking to a healthier heart while enjoying friends too! The group will walk or wheel at different locations. Afterwards, join us for an enjoyable, light, healthy lunch together at different local restaurants. Participants will be responsible for buying their own lunch. Participants must be independent in mobility. Sign up for the weeks that fit your schedule: one, two, or all seven!

Tuesdays, 9:30 AM - 12:30 PM

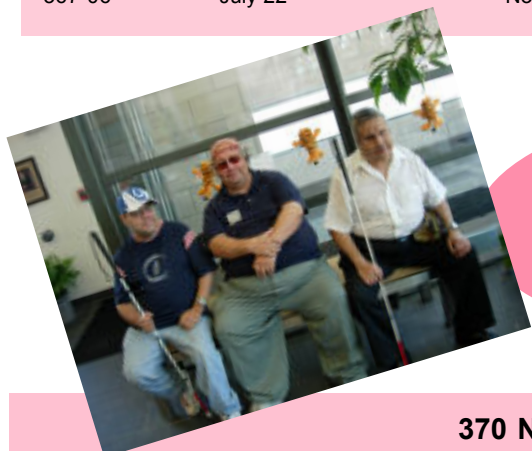
Location Varies

June 17, 24, July 1, 8, 15, 22, 2008

Fee: \$10.60 week \$63.60 all Trans: \$6.05 week / \$36.30 all



Prog #	Date	Indoor Location	Outdoor Location	Fee
367-01	June 17	North Riverside Mall	Proksa Park, Bewyn	\$10.60
367-02	June 24	Harlem Irving Mall	Center at North Park, Franklin Park	\$10.60
367-03	July 1	North Riverside Mall	Salt Creek Trail, Elmhurst	\$10.60
367-04	July 8	North Riverside Mall	Trailside, Thatcher Woods, River Forest	\$10.60
367-05	July 15	North Riverside Mall	Lakefront Tour, Chicago	\$10.60
367-06	July 22	North Riverside Mall	Commons Park, North Riverside	\$10.60



368 ADAPTED BOWLERS - PI, VI

Join us for a lively round of bowling with friends. Adults with MS are especially welcome. WSSRA will provide adaptive equipment for those in need. Door to door transportation is available for WSSRA residents.

Fridays, 12:00-2:00 PM
Brunswick Zone, River Grove
Fee: \$7.95 per week Trans: \$6.05 per week

368-01 July 11, 2008
368-02 July 25, 2008



370 NITE ON THE TOWN SERIES

HI, VI, PI, MLH

Join us for Nite on the Town. Below are a selection of activities. Select the ones that are of your interest and meet your budget. Each program is separate. Registration for each week is on a first come, first served basis. Limited space is available. Please do share your ideas for future events. Door to door transportation is available.

(SIGN UP FOR ONE OR MORE OR ALL EVENTS)

7:00-10:00 PM unless otherwise noted

Thursdays, June 19, 26, July 17

Fee: See each event Trans: \$6.05 per week



Program #	Date	Drop Off Pick Up Times	Activity	Special Notes	Activity Destination	Fee
370-01	June 19	7:00-10:00	Let's Dance - Join us as we welcome a special guest who'll teach us ballroom dance moves.	Wear comfy shoes.	WSSRA Office, Franklin Park	\$12.00
370-02	June 26	6:30-10:00 Early Start	Accordian Lesson - Learn all about the accordian with our guest from the Chicago Accordian club.	Bring \$ for dinner.	WSSRA Office, Franklin Park	\$12.00
370-03	July 17	6:00-10:00 Early Start	It's Ragtime - Bring your lawn chair & enjoy the Broadway musical performance of "Ragtime".	Dress for outdoors.	Wilmette Park District	\$12.00

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366 DINER'S CLUB - HI, VI, PI, MLH

Join us for an enjoyable morning of breakfast with friends.

Wednesdays, 9:30 AM - 12:30 PM
 Location Varies Weekly
 June 25, 2008
 Fee: \$9.85 Trans: \$6.05



Program #	Date	Program Time	Activity	Special Notes	Activity Destination	Fee
366-01	June 25	9:30-12:30	Blueberry Hill - Enjoy a hearty delicious breakfast with friends.	Bring \$10-12 for breakfast.	Blueberry Hill, LaGrange	\$9.85

365 WILD CARD WEDNESDAYS - HI, VI, PI, MLH

Join us for an early morning of socializing and card shuffling fun! Light & healthy refreshments will be served. This program will alternate weeks with the traveling program entitled "DINER'S CLUB".

Wednesdays, 9:30 AM - 12:30 PM
 Elmwood Park Civic Center
 June 18, July 2, 9, 16, 23, 2009
 Fee: \$51.75 Trans: \$30.25



375 JUST THIS ONCE SERIES - PI, VI, HI, MLH

Enjoy one or all of our Just This Once Series.
 Door to door Transportation for each event: \$6.05



Prog #	Date	Drop Off Pick Up	Activity	Special Notes	Destination	Fee
375-01	Thurs Aug 7	6:30-9:30	Barefoot Hawaiians - Don't miss this end of summer music show. Fire show, authentic drums & dance.	Bring \$ for snack.	Norridge Park District	\$12.00
375-02	Thurs Aug 14	9:00-3:00	Sailor's Delight - A 2-hour cruise aboard a 20' sailboat. Boat is accessible if you can transfer & sit independently.	Bring \$ for lunch.	Burnham Harbor, Chicago	\$25.00
375-03	Tues Aug 26	10:00-3:00	Personal Shoppers - Stock up on household or personal needs at Sams Club, Kohls, Target & more.	Bring \$ for lunch & purchases.	The Quarry, Hodgkins	\$16.00
375-04	Thurs Aug 28	9:00-4:00	Winner Takes all - A day of gambling fun with your choice of slots & game tables. Buffet lunch included.	Bring \$ for drinks & gambling.	Horseshoe Casino, Hammond, IN	\$25.00
375-05	Wed Sept 3	12:30-5:00	Jersey Boys - Find out what everyone's talking about. Enjoy a matinee performance of this box office hit.	Bring \$ for refreshments.	LaSalle Bank Theater, Chicago	\$30.00

371 CITY TOURS - HI, VI, PI, MLH

Join us Friday mornings! Below are a selection of 3 weeks of activities. Select the ones that are of your interest and meet your budget. Each program is separate. Registration for each week is on a first come, first served basis. Limited space is available. Please do share your ideas for future events. Admission costs to activities are covered in the fee. **Due to tour time schedules, there may not be a planned lunch stop.** Door to door transportation is available.

Thursdays
 9:30-12:30 PM
 July 3, 10, 24, 2008
 Fee: See each event
 Trans: \$6.05 per week

Program #	Date	Drop Off Pick Up Times	Activity	Special Notes	Activity Destination	Fee
371-01	July 3	9:30-12:30	Freedom Museum - Celebrate Independence Day & learn about the freedoms Americans have.	Bring \$ for lunch.	Chicago	\$12.00
371-02	July 10	9:30-12:30	Chicago Theatre Tour - A tour that encompasses the historical & architectural highlights of the grand lobby area & majestic auditorium of the theatre.	Bring \$ for lunch.	Chicago Theatre, Chicago	\$18.00
371-03	July 24	9:30-12:30	Yoga Morning - A relaxing morning learning the ways to keep our bodies happy & healthy	Bring \$ for lunch.	WSSRA Office, Franklin Park	\$12.00